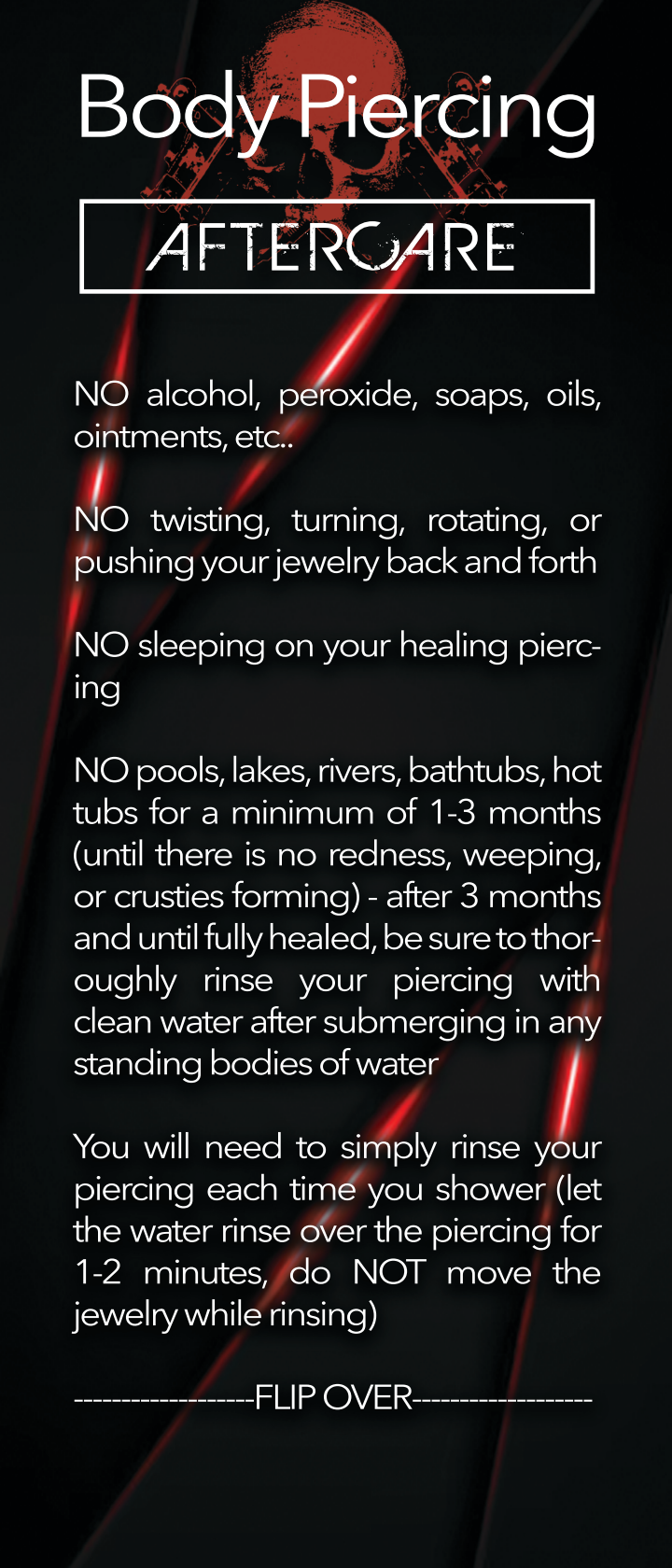




Body Piercing

AFTERCARE

NO alcohol, peroxide, soaps, oils, ointments, etc..

NO twisting, turning, rotating, or pushing your jewelry back and forth

NO sleeping on your healing piercing

NO pools, lakes, rivers, bathtubs, hot tubs for a minimum of 1-3 months (until there is no redness, weeping, or crusties forming) - after 3 months and until fully healed, be sure to thoroughly rinse your piercing with clean water after submerging in any standing bodies of water

You will need to simply rinse your piercing each time you shower (let the water rinse over the piercing for 1-2 minutes, do NOT move the jewelry while rinsing)

-----FLIP OVER-----